

# Write So Your Soul Smiles

Take your writing ideas to the next level, and learn how to write your way to happiness. This workshop is designed with exercises and writing prompts to strengthen your sense of being happy. Some of these are taken from my latest book, *Write a Journal So Your Soul Smiles*, and some from *Happy For No Reason* by Marci Shimoff. You will leave this workshop more comfortable, more confident, lighter and happier than before – to carry your new feelings home in poems, stories, book-ideas – and right within your own heart.

**This writing group will give you tools to live a happier life.**

**Even if you're nervous about writing or allowing your creativity to flow, even if you have put your creativity on hold for awhile, even if you have blocks going on, or self-sabotage, this writing group will get you writing and loving it! Promise.**

“Everything that expands you makes you happier,” says Marci Shimoff. Learn, through your own writing, how you can expand. Have you been thinking about writing a book, but have no idea how to start? Want to get re-motivated on that story that's been flitting through your mind? You say? “Oh, later... One of these days, I'm too busy right now...I need more time.” What about NOW?

- **You will reunite with your Creative Self,**
- **Write things you never dreamed you could.**
- **Be in a gentle community of like-minded people, a safe, non-critical space where you can express freely.**
- **Through meditation, writing exercises, group support, and a loving environment, you will write from and nurture your soul.**
- **I invite you to join us in a great Weekend Writing Workshop. You'll be amazed at your own creativity, and you'll have fun too!**

**Please call Melba Burns, Ph.D.**



**604-736-6789**

**([soulwrites@telus.net](mailto:soulwrites@telus.net))**

**Saturday, May 3<sup>rd</sup>, from 10 a.m until 5.00 p.m AND  
Sunday, May 4<sup>th</sup>, from 1.30 p.m. until 5.30 p.m.**

**In False Creek by the Sea**

**\$259 – or \$229 if paid in full by April 16<sup>th</sup>**

**You will also receive a free copy of *Write a Journal So Your Soul Smiles***

Melba has been writing for over 40 years; educational scripts for Disney, articles, feature films, a 13-week TV show, poetry, short stories, and nonfiction books, such as: *Romance Your Writer Within and Reawaken Your Passion to Write..* She believes that your soul needs expression to be fully alive. For over 25 years, she has encouraged thousands to tap into their 'natural writer,' strengthen self-confidence, keep on writing, & get their work out there. Check out <http://amazon.com/author/melbaburns> or <http://www.inspirationwomen.com> for two free books. And for more testimonials, take a peek at the next page here...

## **Testimonials...**

**"Recently I took one of Melba's one-day workshops. Something clicked inside of me as we were doing the various exercises. It was inspirational! I found a new courage that not only gave me more passion for writing, but it spilled over into other areas of my life as well. Amazing! I felt a huge feeling of relief as I also gained a new ability to trust in my own instincts. Doubly amazing!! I would highly recommend her classes and workshops to anyone." Carolyn Micheals, Artist.**

**Before this group, I didn't take my writing seriously. Now... I am a writer. I can write. I will continue! Melba, you have such a strong spiritual energy. Your feedback was so direct, but loving, gentle and strong." Olga Boulter.**

**"I was so motivated and inspired that I focused on finishing my book. Now, I feel more encouraged and confident... I just love your constant inspiration. Thank you." Nicki Boyd**

**"Before, I was stuck because of working in a context where every word had to be right... Now I'm writing my stories again and enthusiasm is back... I am happy that I joined the group, and am expecting to produce more good work as a result of it. Thank you." Susannah Anderson**

**"I have a new understanding of how my creative process works, and how to use it in my writing to not only tell my story but to understand myself in a new way... It was a pleasure to be in this group of women. I have learned much about writing... Melba's wisdom and willingness to share and encourage has made this class successful in my opinion." Lori Reid.**

**My problem was finding a true creative way to express myself by writing; creating books that people would pay to read!!! Now, I know I can write children's books, teaching spiritual lessons... (Melba is) a great teacher, clear and inspiring and insightful. She provides a great space to be nurtured and encouraged in creative expression through writing." Charonne Sinclair.**

**"Her warm, humorous style dispels self-doubt & guides each writer to discover the gifts of their soul." Beryle Chambers, poet**

**"Melba, herself a powerful writer, takes care of writers taking new steps into their creativity so that they become filled with confidence enough to fly. She is a master at what she does."  
Deb Cameron Fawkes, MA Theological Studies**

**"Melba's Writer's Workshop brought me an unexpected perspective on my writing: my motivation, my process and my potential. She also gave me much needed practicalities on getting my work out there. A great group." David Buckland, Writer & Consultant**

**"Working with Melba really gave my creativity a boost and kicked my writing skills up a notch. Everyone I work with noticed the enhanced creativity and clarity in my writing. Melba helped me to get out of my own way in order to allow the process of writing to unfold."  
Deborah Alden, Communications/Media Relations Consultant**

**"Not only did Melba support me in writing out my stories, the group environment she created provided a safe space for me to finally find my voice and step into my own power."  
Mary Toth, Personal Coach**

**"Melba creates a warm, encouraging and inspiring environment that gave me a space and a framework to revitalize my writing process... I left feeling heard, encouraged and re-awakened to my writing! Melba rocks!" Doris Montgomery, Director of Human Resources**

**Melba is great at getting us to actually write, and not just talk about it. Things that have been on the back burner for years suddenly come to life again. Melba creates a fun, joyful and caring atmosphere in her classes. Highly recommended. "Gail Behrend, Business Writer and Healer: author of *Energy is Real!***

**"She liberated me!!" Patricia Baldwin, artist**